**Academic Year 2020 – 2021**

**Term 2**

**PE Department Curriculum**

**Remote Learning Plan – Schemes of Learning Overview**

**Year 10:**

Term 1 VCERT

|  |  |
| --- | --- |
| **Lesson number** | **Core content** |
| 1 VCERT | * Label the diagram of the heart using the words listed underneath it on the page. Use this link if you need some extra help: |
| 2 VCERT | * Respiratory system and blood flow – use booklet and find page ‘respiratory system’. Fill out the labels by researching on the internet (useful websites listed below) complete the same for the flow of blood section. * <https://www.bbc.co.uk/bitesize/guides/ztkr82p/revision/1> * <https://www.youtube.com/watch?v=Z99C3mqW39U> |
| 3 VCERT | * Blood vessels and components of blood page – * <https://www.bbc.co.uk/bitesize/guides/z9n6sg8/revision/2> blood vessels * <https://www.youtube.com/watch?v=UIvU-OuZHww> – components of blood |
| 4 VCERT | * The role of the cardio-respiratory system (page 1) – fill out gaps and completes 1 page in the booklet. useful website <https://www.bbc.co.uk/bitesize/guides/z9n6sg8/revision/3> |
| 5 VCERT | * The role of the cardio-respiratory system (page 2)- fill out gaps and completes 1 page in the booklet. useful website <https://www.bbc.co.uk/bitesize/guides/ztkr82p/revision/1> |
| 6 VCERT | * The role of the cardio-respiratory system (page 3) – fill out gaps and completes 1 page in the booklet. useful website <https://www.bbc.co.uk/bitesize/guides/ztkr82p/revision/1> |
| 7 VCERT | * Complete any work that you are missing from term 1 and term 2 |

Cambridge National Sport

|  |  |
| --- | --- |
| **Lesson number** | **Core content** |
| 1 Cambridge | * Double click on the booklet above |
| 2 Cambridge | * Respiratory system and blood flow – use booklet and find page ‘respiratory system’. Fill out the labels by researching on the internet (useful websites listed below) complete the same for the flow of blood section. * <https://www.bbc.co.uk/bitesize/guides/ztkr82p/revision/1> * <https://www.youtube.com/watch?v=Z99C3mqW39U> |
| 3 Cambridge | * The role of the cardio-respiratory system (page 1) – fill out gaps and completes 1 page in the booklet. useful website <https://www.bbc.co.uk/bitesize/guides/z9n6sg8/revision/3> |
| 4 Cambridge | * The role of the cardio-respiratory system (page 2)- fill out gaps and completes 1 page in the booklet. useful website <https://www.bbc.co.uk/bitesize/guides/ztkr82p/revision/1> |
| 5 Cambridge | * The role of the cardio-respiratory system (page 3) – fill out gaps and completes 1 page in the booklet. useful website <https://www.bbc.co.uk/bitesize/guides/ztkr82p/revision/1> |
| 6 Cambridge | * Start writing the assignment – assignment brief and checklist found at the back of the booklet. (please class teacher if you need further assistance – [lucy.brewer@sarumacademy.org](mailto:lucy.brewer@sarumacademy.org) or [robyn.grimes@sarumacademy.org](mailto:robyn.grimes@sarumacademy.org) . |
| 7 Cambridge | * Continue writing the assignment – assignment brief and checklist found at the back of the booklet. |

